



BUDERIM YOGA CLASSES 2018

Classes are held at
Buderim Girl Guides Hall
111 Burnett Street, Buderim
PH. 54453317

Hatha Yoga Classes 2018:

There are 4 terms of Hatha Yoga Classes per year and 4 classes per week. You are welcome to any class.

Casual Drop in Fee = \$18

Term Fees are encouraged so you can make a commitment!

Meditation Classes:

There are 4 terms of Meditation Classes per year.

There is a free Meditation Class at the start of each term, try that and see if you would like to join for the term.

Meditation Class is conducted by Term Fee Only

Bookings are essential for Meditation Classes.

For further information and bookings please phone

Lyn Moes

p. (07) 54453315.

e. loosenuplyn@iprimus.com.au

www.buderimyoga.com

EVERYONE IS WELCOME TO JOIN BUDERIM YOGA

HATHA YOGA CLASS: Term 1 is 11 weeks Term Fee \$165.00

Monday	6pm to 7.30pm	15th January to 26th March
Tuesday	9.30am to 11am	16th January to 27th March
Thursday	9.30am to 11am	18th January to 29th March
Thursday	6pm to 7.30pm	18th January to 29th March

MEDITATION CLASS: Term 1 is 11 weeks Term Fee \$200.00

Monday	7.40pm to 8.40pm	15th January FREE CLASS
Monday	7.40pm to 8.40pm	15th January to 26th March

HATHA YOGA CLASS: Term 2 is 11 weeks Term Fee \$165.00

Monday	6pm to 7.30pm	16th April to 25th June
Tuesday	9.30am to 11am	17th April to 26th June
Thursday	9.30am to 11am	19th April to 28th June
Thursday	6pm to 7.30pm	19th April to 28th June

MEDITATION CLASS: Term 2 is 11 weeks Term Fee \$200.00

Monday	7.40pm to 8.40pm	16th April FREE CLASS
Monday	7.40pm to 8.40pm	16th April to 25th June

HATHA YOGA CLASS: Term 3 is 10 weeks Term Fee \$150.00

Monday	6pm to 7.30pm	16th July to 17th September
Tuesday	9.30am to 11am	17th July to 18th September
Thursday	9.30am to 11am	19th July to 20th September
Thursday	6pm to 7.30pm	19th July to 20th September

MEDITATION CLASS: Term 3 is 10 weeks Term Fee \$180.00

Monday	7.40pm to 8.40pm	16th July FREE CLASS
Monday	7.40pm to 8.40pm	16th July to 17th September

HATHA YOGA CLASS: Term 4 is 11 weeks Term Fee \$165.00

Monday	6pm to 7.30pm	8th October to 17th December
Tuesday	9.30am to 11am	9th October to 18th December
Thursday	9.30am to 11am	11th October to 20th December
Thursday	6pm to 7.30pm	11th October to 20th December

MEDITATION CLASSES Term 4 is 11 weeks Term Fee \$200.00

Monday	7.40pm to 8.40pm	8th October FREE CLASS
Monday	7.40pm to 8.40pm	8th October to 17th December