



# BUDERIM YOGA CLASSES 2017

Classes are held at  
Buderim Girl Guides Hall  
111 Burnett Street, Buderim

## **Hatha Yoga Classes 2017:**

There are 4 terms of Hatha Yoga Classes per year and 4 classes per week. You are welcome to any class.

**Casual Drop in Fee = \$18**

Term Fees are encouraged so you can make a commitment!

## **Meditation Classes:**

There are 4 terms of Meditation Classes per year.

There is a free Meditation Class at the start of each term, try that and see if you would like to join for the term.

Meditation Class is conducted by Term Fee Only

**Bookings are essential for Meditation Classes.**

For further information and bookings please  
phone **Lyn Moes (07) 54453315** or  
**email** loosenuplyn@iprimus.com.au

Check the website for details and further Yoga information  
**www.buderimyoga.com**

**EVERYONE IS WELCOME TO JOIN BUDERIM YOGA**

## **HATHA YOGA CLASS: Term 1 is 11 weeks Term Fee \$165.00**

Monday	6pm to 7.30pm	16th January to 27th March
Tuesday	9.30am to 11am	17th January to 28th March
Thursday	9.30am to 11am	19th January to 30th March
Thursday	6pm to 7.30pm	19th January to 30th March

## **MEDITATION CLASS: Term 1 is 11 weeks Term Fee \$200.00**

Monday	7.40pm to 8.40pm	16th January <b>FREE CLASS</b>
Monday	7.40pm to 8.40pm	16th January to 27th March

## **HATHA YOGA CLASS: Term 2 is 10 weeks Term Fee \$150.00**

Monday	6pm to 7.30pm	17th April to 19th June
Tuesday	9.30am to 11am	18th April to 20th June
Thursday	9.30am to 11am	20th April to 22nd June
Thursday	6pm to 7.30pm	20th April to 22nd June

## **MEDITATION CLASS: Term 2 is 10 weeks Term Fee \$180.00**

Monday	7.40pm to 8.40pm	17th April <b>FREE CLASS</b>
Monday	7.40pm to 8.40pm	17th April to 19th June

## **HATHA YOGA CLASS: Term 3 is 10 weeks Term Fee \$150.00**

Monday	6pm to 7.30pm	10th July to 11th September
Tuesday	9.30am to 11am	11th July to 12th September
Thursday	9.30am to 11am	13th July to 14th September
Thursday	6pm to 7.30pm	13th July to 14th September

## **MEDITATION CLASS: Term 3 is 10 weeks Term Fee \$180.00**

Monday	7.40pm to 8.40pm	10th July <b>FREE CLASS</b>
Monday	7.40pm to 8.40pm	10th July to 11th September

## **HATHA YOGA CLASS: Term 4 is 11 weeks Term Fee \$165.00**

Monday	6pm to 7.30pm	2nd October to 11th December
Tuesday	9.30am to 11am	3rd October to 12th December
Thursday	9.30am to 11am	5th October to 14th December
Thursday	6pm to 7.30pm	5th October to 14th December

## **MEDITATION CLASSES Term 4 is 11 weeks Term Fee \$200.00**

Monday	7.40pm to 8.40pm	2nd October <b>FREE CLASS</b>
Monday	7.40pm to 8.40pm	2nd October to 11th December